

Blood Draw Sample Collection Instructions

For NxGen Informed Prenatal Screen or Expedited Fetal Gender Test

Step 1: Specimen Collection

- 1. Complete NxGen MDx Genetic Test Requisition Form (TRF) or EMR order.
- 2. Write patient name and date of birth on the sample tube or on the labels provided on the bottom of the TRF and attach the labels to the tube.
- 3. Collect and label a 7-10 mL blood sample using the included cfDNA BCT. The blood sample must be at least 7 mL or it will be rejected. Streck (tiger top) tubes are also accepted.
- 4. Mix sample by a gentle inversion 8-10 times.

Step 2: Preparing Specimen Shipments

- 1. Place the tube containing the patient's sample and the included absorbent material into the biohazard bag.
- 2. Include the TRF, complete with patient information, inside the biohazard bag or the bag's outer pocket.
- 3. Seal the bag by removing the sealing film.
- 4. <u>Courier Pickup:</u> If you have a regular courier pickup or have scheduled one with NxGen MDx, please place the biohazard bag(s) in your normal courier pickup receptacle. **Do not freeze.**
- 5. <u>Mailing with FedEx</u>: Place the sealed biohazard bag(s) in the ambient pack and place back into the NxGen MDx collection kit. Place the collection kit into the included prepaid FedEx Clinical Mailer bag and seal it. Place the bag in your normal pickup location. If you don't have a regular FedEx pickup, call 800-GO-FEDEX (800-463-3339) to schedule one at your address. Press "0" and indicate that you are shipping with a prepaid air bill.
- 6. <u>Mailing with UPS Placard</u>: Place the sealed biohazard bag(s) in the ambient pack and place back into the NxGen MDx collection kit. Place the collection kit into the included prepaid UPS Placard Laboratory Pak and seal it. Place the Laboratory Pak in the provided UPS box. For on-demand pickups call **844-487-7522**.



cfDNA BCT